

**Great Neck ENT
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Otolaryngology
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**Post-Operative Instructions
Myringotomy and Tubes**

1. Avoid water in ears when bathing or swimming.
2. Dried blood in the ear canals is normal. Clean with a moist wash cloth. **DO NOT USE** a Q-TIP.
3. Discharge from the ears is normal for the first few days following surgery. If it persists, please call the office.
4. Eardrops may be given to you. Place 5 drops in each ear twice daily for three days following the surgery.
5. Use Tylenol for pain.