Great Neck ENT
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Otolaryngology
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Pre-Operative Instructions

- 1. Do **NOT** eat or drink **anything**(including water, candy, chewing gum) from midnight the night before surgery.
- 2. Do **NOT** take aspirin, advil, motrin, alleve or ibuprofen for 2 weeks prior to your scheduled surgery date. Certain vitamins and herbs should also be avoided. Tylenol is **okay**.
- 3. If requested, please obtain medical clearance from the primary care physician within one week prior to your scheduled surgery date. Bring the medical clearance letter with you on the day of surgery.
- 4. Please call the office, **516-829-3466**, the day before surgery to confirm time.